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Your Editors: Joanna Lambe, Heidi Brown, Natalie Dalley & Nicola Botting



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LOCAL ACTIVITIES

BURGESS HILL HORTICULTURAL SOCIETY Cyprus Road, Burgess Hill Wed. 23rd Oct. 7.45 pm Vikings - There Goes the Neighbourhood! - Jane Ann Davey HURSTPIERPOINT HISTORICAL SOCIETY Guide HQ Trinity Road, Hurstpierpoint Brighton Rock, Brighton Crime - Dr Geoffrey Mead. Guests welcome Fri. 25th Oct. 8 pm KEYMER & HASSOCKS SPORTS & SOCIAL CLUB Adastra Park, Hassocks Sat. 2nd Nov. 5pm Halloween Party, Children's fancy dress, games, face painting, & BBQ. 8 pm Lorelei Rock Danny House, New Way Lane, Hurstpierpoint HURSTPIEROINT GYM CLUB Sun. 3rd Nov 5.30 pm Family Bonfire and Fireworks - Tickets from QD Stationery. See article HURST MONTHLY SOCIAL GROUP The Guide HQ, Trinity Road, Hurstpierpoint My Personal Experiences of a Funeral Arranger - Amanda Browne Wed. 6th Nov. 2 pm BURGESS HILL HERITAGE & HISTORY ASSOC. Cyprus Hall, Burgess Hill Fri. 8th Nov. 7 pm The Roman Hassocks to Barcombe Greensand Way - David Rudling. Museum will be open RSPCA BRIGHTON (PATCHAM) RE-HOMING SHELTER Adastra Hall, Hassocks Sat. 9th Nov. 10.30 am - 12.30 pm Autumn Fair - Gifts, toys, cakes, books, animal accessories. Free admission www.sussexchorus.org St. Andrew's Church, Burgess Hill SUSSEX CHORUS An evening of French Music. Tickets 01444 412579 Sat. 9th Nov. 7.30 pm reMEmber Southwick Methodist Church Sun. 10th Nov. 20th Anniversary celebration lunch. See article





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HASSOCKS EVENING JAZZ

Tues, 12th Nov. 8 pm

HURSTPIERPOINT HORTICULTURAL SOCIETY

Tues. 12th Nov. 7.45 pm AGM followed by 'What On Earth Do I Do Now' - Sandy Coppen from the Beeches HASSOCKS HORTICULTURAL SOCIETY

Wed. 13th Nov. 8 pm

MID SUSSEX ASSOCIATION NATIONAL TRUST

Thurs. 14th Nov. 2.30 pm

STAR CINEMA

Fri. 15th Nov. 7 pm

CLAYTON WITH KEYMER PARISH

Sat. 16th Nov. 10 am - 12 pm

RNLI

Sat 16th Nov. 7 pm WOLSTONBURY WI

Tues. 19th Nov. 7.45 pm

HURST, HASSOCKS & DITCHLING U3A

Fri. 22nd Nov. 2 pm

DITCHLING FILM SOCIETY

Thurs. 24th Oct. 7.30 pm

Thurs. 7th Nov. 7.30 pm

HASSOCKS FIELD SOCIETY

Mon. 28th Oct. 7.45 pm

Mon. 11th Nov. 7.45 pm

HASSOCKS TOWNSWOMENS GUILD

Tues. 22nd Oct. 2.30 pm

Tues. 26th Oct. 2.30 pm

Hassocks Hotel, Hassocks

Trad Jazz Evening. All welcome

Hurstpierpoint Village Centre

Adastra Hall, Hassocks

Annual General Meeting. All HHS members welcome

Clair Hall, Haywards Heath

AGM followed by short talks by Local National Trust speakers

Adastra Hall, Hassocks

Film - Finding your Feet (12). Tickets on the door

Adastra Hall, Hassocks

Christmas Fair - Stalls, crafts, cakes, teas and coffee, children's games etc.

Hurstpierpoint Village Centre

Annual Quiz Night. Tickets from Mishon Mackay

Hurstpierpoint Village Centre

AGM and Members' Craft Comp. Followed by Bingo

Adastra Hall, Hassocks

In Quest of King Arthur - Geoff Doel

Ditchling Village Hall

Film - Waiib - The Wedding Invitation (15)

Film - As is the Purest White (15)

Adastra Hall, Hassocks

Lawn Mowers and the Budding Foundation - Clive Gravett. Visitors welcome

Out on a Limb - Lesley Baker. Visitors welcome

Age Concern, Hassocks

Craft Afternoon

Federation Day at Adastra Hall



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HASSOCKS WI

Mon. 21st Oct. 7.45 pm

Mon. 18th Nov. 7.45 pm

HASSOCKS VILLAGE MARKET

Sat. 26th Oct. & 23rd Nov. 9 am – 1 pm

HURST VILLAGE CINEMA

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KEYMER FOLK DANCE CLUB

Mon. 21st Oct. 7.30 - 9.30 pm

Mon. 4th Nov. 7.30 - 9.30 pm

Mon. 18th Nov. 7.30 - 9.30 pm

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Fri. 1st Nov. 7.45 pm

Fri. 8th & 22nd Nov. 7.45 pm

Fri. 15th Nov. 7.45 pm

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Thurs, 14th Nov. 3 pm

Sat. 23rd Nov. 9.45 - 11.45 pm

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Annual General Meeting Christmas Fair at Age Concern, Hassocks

CLAYTON & KEYMER RBL POPPY APPEAL

This year's Poppy Appeal starts on Saturday 26th October through to Saturday 9th November. We are unable to have a Parade this year, though we are looking forward to arranging Church Services at St Cosmas & St Damian Church at Keymer and at Clayton Church on Sunday 10th November followed by wreath laying at both of these events. Everyone would be very welcome to join in these Services of Remembrance.

If you would like to lay a wreath after The Service of Remembrance at either church, please call in at The Royal British Legion Club in Woodsland Road, Hassocks or telephone me on 01273 845829 I'm in the office from 10 am till 1 pm Monday to Friday or email cwhite176@btconnect.com and leave your details, I will get back to you. Carol White

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PRIVATE LIVES BY NOEL COWARD 20th to 23rd November. Since May we've been busy preparing for our Autumn production 'Private Lives' and I'm pleased to report that, following the auditions in August the play is now fully cast with two people returning to the Ditchling stage and a newcomer, as well as someone you will have seen in our last two pro-

'Private Lives' premiered on 18 August 1930, at the King's Theatre in Edinburgh, directed by Coward and starring Coward as Elyot, with Gertrude Lawrence as Amanda. After successfully touring for five weeks, the production opened at the new Phoenix Theatre in London in September 1930. Coward disliked appearing in long runs, and the London run was therefore a limited three-month season. It sold out within a week and was still playing to packed houses when it ended on 20 December 1930, this despite the struggle Coward had to obtain the Lord Chamberlain's approval for the piece to be staged at all.

In the thirties it was considered too risqué with the relationship between Elyot and Amanda being explored in depth when, as a previously divorced couple, they find themselves honeymooning with new partners, rather unfortunately, in adjacent suites of a French hotel. Theirs is a passionate, volatile, funny and poignant relationship and they come to understand they cannot live apart — made still more moving as they seem

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unable to live together. The twists and turns of their liaison are witnessed by their helpless new spouses and the marital chaos caused between the four of them makes for what is often cited as Cowards best and most humorous play.

If you missed 'How the Other Half Loves' then do come and see this production. Tickets are now on sale and can be purchased either online at **www.ditchling-players.org.uk** or in person at the Larder, 2 South Street, Ditchling. We look forward to seeing you there.

David Tettersell

MEMBERS OF THE WEST SUSSEX FIRE & RESCUE SERVICE VISITED THEIR LOCAL GARDEN CENTRE TO SHARE FIRE SAFETY INFORMATION TO SAVE LIVES The crew from Burgess Hill Fire Station spent a few hours at South Downs Nurseries as part of their 'Tea & Tips' Campaign', and discovered the garden centre's coffee shop rather a good choice.

The fire safety scheme offers free tips on preventing house fires over a cup of tea with firefighters and volunteers from the county's Service."We were delighted to host the firefighters", said Sarah Mead from the family-owned Brighton Road business. "Customers and staff alike learned invaluable hints and safety tips during the visit, which was made the more convivial by the relaxed atmosphere and cups of tea.

Rebecca Houghton-Knapp

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THE ANNUAL GOLF COMPETITION BETWEEN HURSTPIERPOINT AND A TEAM FROM S MAR-TIN DE BOSCHERVILLE - SEPTEMBER 2019.

We were very pleased as always to welcome our friends from St.Martin de Boscherville for the annual golf exchange which has been running now since 2006, when Ian and Sheila McNeill started the first exchange with Luc Paviot and his colleagues. Every year we alternate between our villages and different Golf courses are selected for each exchange.

This year we chose the Cuckfield Course, which although only 9 holes is very challenging with its beautiful setting and excellent new and improving facilities. We had a marvellous sunny weather which the God's of Twinning are kind enough to provide every time we have an exchange. The day's results ended in a draw, so our colleagues retained the annual trophy.

Nine holes were played in the morning and the younger gentlemen continued with the second nine in the afternoon after an excellent lunch provided by the club, whilst the ladies went shopping. The second nine was a closely fought 4 Better ball with our new member and our team captain Jim Horlock managing to square the match with his final putt.

In the evening a splendid dinner was provided by Kirsty Asher and Jim for all our guests and their hosts when some prizes were distributed. Sunday was more leisurely with visits to garden centres but unfortunately the weather was not so kind.

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Some guests departed on Sunday evening and the remaining couples departed on Monday morning. Next year we will try to win back the trophy with our visit to France. Antony Newton-Woof

Get involved Hurstpierpoint and Sayers Common Twinning Association are always looking for new members and ideas. If you are interested in joining or finding out more please contact me on 01273 833195.

Mike Shute

CLAYTON WITH KEYMER PARISH CHRIST-MAS FAIR Adastra Hall Saturday 16th November 10 am to 12 noon. Stalls, crafts, cakes, teas and coffees, children's games and much more. Juliet Strange

CALLING LIKE-MINDED PEOPLE TO JOIN ME IN FORMING A PHILOSOPHICAL GROUP based on PIPs, philosophy in pubs, started in Liverpool around 20 years ago. Put simply, PIPs are a network of discussion groups for like-minded people interested in philosophical debate in a relaxed atmosphere, (not necessarily a pub). The basic idea is to create spaces where people can come together, feel comfortable and talk about the bigger questions that philosophy deals with, such as, 'Does God Exist?' or 'Can Animals have Rights?' Philosophy is often regarded as an elitist subject, but anyone is welcome.

Any Hassocks residents or beyond who would like to join me, please get in touch at catzin@sky.com or on 07702 237159. David Hammond

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FAMILY BONFIRE & FIREWORKS Sunday 3rd November at Danny Park, Hurstpierpoint. Get your tickets in advance for the best value.

The 24th Hurst Family Bonfire & Fireworks evening will be celebrated with a spectacular display of fireworks from our regular firework maestros.

Families are again welcome to share the event organised by Hurstpierpoint Gymnastics Club with assistance from Oldland Mill Trust and Friends of Hassocks Infant School.

The Oldland Mill & the Gym Club, together with local schools in Albourne, Hassocks & three in Burgess Hill will benefit from your support.

The Hassocks will be running their ever popular BBQ, so come and enjoy the evening.

In the event of bad weather check **www.hurstpier-pointgym.co.uk** for the up-to-date news on parking or postponement.

Take a 'Guy' to the Best Guy Competition before ten to six and one child will be given free admission.

For safety reasons - No private fireworks or sparklers etc.

Free parking on site (ground conditions permitting) Please allow extra time if you intend on parking in Danny. 5.30 pm Gates open, 6 pm Best Guy Competition Judging, approx.. 6.30 pm Fireworks Display and Approx. 6.50 pm Bonfire lit with all the Guys and the Best Guy on top



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Andrew Hair

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reMEmber, THE CHRONIC FATIGUE SYN-**DROME SOCIETY**, the Hurstpierpoint/Hassocks based charity for people with ME/CFS celebrates its 20th anniversary this year. We were registered as a charity in October 1999 and have been helping people with this chronic illness throughout Sussex and beyond ever since. We are marking this special occasion with a shared lunch on Sunday 10th November at Southwick Methodist Church BN42 4NA, where we have been holding meetings for more than ten years. Admission is by ticket - free to members of reMEmber, but we would like other guests to make a donation towards charity funds. To get tickets and discuss what food you could bring please contact Wendy Bruce, telephone 01273 596927. e-mail: whiterock.villa@ntlworld.com before 31st October.

We hope to see as many old friends as possible there. For any other queries about ME/CFS or reMEmber contact me on **01273 831733**, e-mail

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Janice Kent



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RNLI QUIZ NIGHT Come and join us and exercise your brains for the Annual RNLI Quiz Night! Enjoy a Ploughman's Supper at the Village Centre on Saturday, 16th November. Doors open at 7 pm for 7-30 start. Tickets from Mishon Mackay or from Committee members. For more information phone me (RNLI Chair) on 01273 832819. Gill Johnson

MEMBERS OF THE HASSOCKS TOWNSWOMEN'S GUILD met for their monthly meeting on the 24th September at the Pauline Thaw Centre. On this occasion it was a pleasure to give a welcomed return to our speaker for the afternoon, Peter Griffiths who has entertained us previously with his fascinating account of his career in the airline industry. Peter first joined BAOC as a pilot and navigator in 1967 where he remained until 1975, after which he spent twenty nine years with Cathay Pacific Airlines in Hong Kong eventually rising to Fleet Manager B747. After retirement due to age constraints imposed by the airline, he moved on to flying executive jets. His long flying career produced a wealth of stories from flying out military equipment on behalf of the armed forces during the Gulf War to the idiosyncrasies of the rich and famous whilst piloting executive jets. Our meeting ended with refreshments being served and the raffle drawn.

If you are interested in joining us, please contact Mrs Sheila Southwell on 01273 841106, or perhaps come



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along to our next meeting which will be held in the Pauline Thaw centre on the **26th November** when Elizabeth Lynn will be giving a talk on 'Knights and Ladies depicted on Brass Memorials'. *Avril Williams*

MACMILLAN SUPPORTERS BRAVE STORMS

Despite the inclement weather on Saturday 27th September, a large crowd attended a coffee morning in Hurstpierpoint and an amazing £900 was raised for Macmillan Cancer Support.

The organisers are extremely pleased with the result and would like to thank everyone who came and those who made a donation.

Thanks also to Hurstpierpoint Bowls Club for letting us use their excellent facilities.

All money raised goes to the charity. Margaret Bishop

HASSOCKS WI At our September meeting, we enjoyed a Paracise class with Maxine. Described as a gentle but effective workout that flows smoothly through movements designed to improve mobility, flexibility and balance, members stretched, stepped, windmilled and pirouetted through the clearly demonstrated routine, accompanied by lively music, laughter and some creaky knees. A thoroughly enjoyable experience, followed by tea and cake.

October is our AGM, accompanied by cheese and wine. November will see us making table decorations in time for Christmas.

Kate Hastings





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Over the past twelve months we have completed over twenty kitchen projects in Hassocks, Hurstpierpoint and Ditchling. Around half of these projects have been refurbishments. In some cases we just changed the tired, old, brown oak doors for something fresh and bright. Sometimes we redesigned the kitchen to accommodate an eye level oven or a tall fridge freezer. I have become an expert in designing cupboards that give our [maturing] local citizens better accessibility. [Less bending down!] Sometimes we changed the worktops. On occasions we kept *one half* of the kitchen and just changed the sink and cooking area.

My name is Stephen Hamilton. I have over thirty years experience in designing and then making kitchens. Now I am a little older and wiser I prefer to work closer to home. When I was young I designed and built some of the most luxurious kitchens imaginable and in 1988 I was European kitchen designer of the year. I even designed and made kitchens for clients in New York and Geneva. I still do luxurious bespoke kitchens. As long as your local! You'd be amazed how much more reasonable our prices are than the big boys with expensive showrooms!

When I first started my career, I designed the interiors of boats. That taught me to maximise space. Now I find I am often asked to try and design very small kitchens. I enjoy the challenge.

A few months ago, in Grand Avenue, I designed a kitchen in a 1930's bungalow. The kitchen was only eight feet by eight feet. I manged to fit in: A tall fridge freezer, a tall, eye level oven, three huge sets of pan drawers and more worksurface than before. Mrs F was amazed and is still looking at the spare space in her drawers.

In April I redesigned a kitchen for Mrs B in St Georges park. They have beautifully appointed apartments but the kitchen design leaves a little to be desired. I kept eighty per cent of the existing carcasses but fitted over a dozen new drawers which greatly increased accessibility. It has transformed Mrs B's kitchen experience. Cost? Around ten thousand pounds.

Sometimes however, a new kitchen is essential. Sometimes people don't even know if they want a complete new kitchen. Which is where I come in. We give genuine advice. Sometimes it goes in stages. If I feel we can accommodate your kitchen design requirements without the palaver of ripping the whole kitchen we will advise accordingly. A brand new kitchen is messy. To do it properly one has to rip the everything out and then, almost always, replaster the walls to make good. Appliances are often moved so new electrics are required ...quite often we move doorways. A refurbishment can take maybe five/six/ seven days but a complete kitchen from start to finish is usually around three weeks. Do you want the hassle? Or the expense? Many of our clients go on holiday whilst we do the work.

I always try to work within your budgets!

A refurbishment with all new doors and worktops and refitting etc generally costs between five thousand and eight thousand pounds. A new kitchen? It all depends. And that's the point. A *small* total kitchen project can be anything from ten to fifteen thousand pounds. It depends what appliances you choose and what services need moving.

With over thirty years experience in all sorts of planning situations I can usually come up with *several different* alternatives you may not have considered. Because we are 'bespoke' and because we make all our cabinets and drawers whatever size is required we have so much more flexibility than the average kitchen company.

When I come to give my first appraisal I do not come with the intention of selling you more than you need. I am happy to just change your doors and drawers if that is what you want.

In April I got a call from Mrs P in Greenlands close burgess hill. She told me her oven was packing up. Could I help her? I arranged to see her. One thing led to another...the cupboards were really beyond recovery. It seemed to me Mrs P really needed a completely new kitchen. [Mrs P is 90 going on about 60] The electrics looked dangerous. I scribbled some ideas...one thing led to another. Now Mrs P is whizzing about in her brand new kitchen. We had to rip the old one out, thanks to Jon and his son Ryan, plaster the walls, thanks to John Evans Plastering, completely reconfigure the plumbing, thanks to Richard and Ian Thompson, who have several generations of reputation as local Hassocks plumbers. Only then could we fit a new kitchen. Thanks to lan and Liam. [chief kitchen installation engineers] Mrs P eventually chose one of our classic ash marguetry kitchens] then we tiled the walls, [lan again!] We re-designed and hid the boiler. That was me Stephen Hamilton, then we refloored the whole kitchen and dining room [Homecall from Burgess Hill]. Then we decorated top to bottom. [Jon again!] Five weeks! Although I am the designer I am also the project manger. Mrs P was brilliant. When we first ripped out it became apparent that the electrics were dangerous so we rewired the entire place and fitted a new fuse box [thanks to Keith Hand] The Cost? Around twenty thousand pounds. Was it worth it? You'd need to talk to Mrs P about that! Everyone engaged in the project is local.

I understand how big a decision and how big a commitment a new kitchen or even a refurbishment can be. I understand that *initially* you just want some ideas...to explore the *possibilities* and this is where we are building our reputation. We work locally, we only use local reputable tradesmen. We are patient and thoughtful.

If you have a new kitchen we start off by emptying all your cupboards into plastic storage boxes. Then we store and label them and return the contents to the new cupboards.

We are meticulous about covering all the floors and keeping dust and disruption down to a minimum.

We have a brilliant range of doors and worktops. But you know what! I find we frequently don't talk, specifically, about the door and drawer design until much later. I am just about to do a kitchen in Wivelsfield for Mr and Mrs D. The project is signed and sealed and deposits paid but we are still discussing the final design. I took them to look at granites and stones at the stone manufacturers. Now we are going to take a trip to east London to look at their selection of Burr oak veneers. Why am I wittering on? Because I want to let people know that we are *not* a faceless national kitchen company, blinding people with false free offers and sales gimmicks. We are hands on. We care.

Our drawers are just brilliant. You have to *try them* to know what I mean. They are traditionally made with proper dovetails in our own workshops in Ditchling. They come all the way out and they take tons of stuff! I train all our apprentices in proper drawer making.

We have showrooms you can visit but you can also visit some of the kitchens we have finished ...probably just around the corner from you.

I hope this gives you some idea of what we are about. If you are interested in a new or refurbished kitchen I do hope you will give me a call. I don't charge for my planning service if you live within a five-six mile radius of Hassocks. On my first visit I simply talk to you about what you might like. I discuss the problems you have with your existing kitchen and then scribble some alternative plans. Then I will leave you to mull them over. There is no rush and no pressure. Early planning is essential. Planning makes for the perfect project.

To look at our website either google: kitchen carousel ditchling.

OR: put kitchencarousel.co.uk in your address bar.

Just googling kitchen carousel brings up google junk!
Best thing is to call for a free home visit and an informal chat and get a few scribbles.

My name is Stephen Hamilton.
My tel number is 07565 722055
My email is info@kitchencarousel.co.uk





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DITCHLING FILM SOCIETY Our second film in October will be screened on Thursday, 24th October and is entitled Wajib – The Wedding Invitation. Set in Palestine at Christmas time, Abu's daughter is getting married which necessitates him and his son, Shadi, hand-delivering invitations for the forthcoming nuptials. As they drive around the city in a battered old Volvo between visits to relatives and old family friends, they bicker, reminisce, needle and cajole each other gradually peeling back the layers of their relationship. A wonderfully poignant, droll and witty film that interleaves tensions with hilarity. Although there is politics in the mix it is not rammed down your throat. Director: Annemarie Jacir Palestine Arabic 2017 96 minutes 15 Cert

Our November film will be shown on Thursday, 7th **November** and is called Ash is the Purest White. It is an unrequited love story which is a pleasure to behold. In an industrial city in China a young dancer, a coal miner's daughter named Oiao, falls in love with a mobster called Bin. When a fight breaks out between rival gangs. Oiao uses a gun to protect Bin and is sent to

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prison for 5 years. Upon her release she finds herself unceremoniously dumped. However her grit sustains her but she's crippled by this tenacity, too, fighting for Bin against her best interests. Her love for him burns at a high temperature – like the volcanic ash referred to in the film's title, it's made pure".

Director: Zhangke Jia China Chinese 2018 136 minutes 15 Cert

Our Christmas film will be shown on Thursday, 5th December and is entitled Green Book. Director: Peter Farrelly. US English 2018 130 minutes 12A Cert. The films will be shown in Ditchling Village Hall. The films start at 8 pm. Doors open at 7.30 pm. Free coffee, tea and biscuits are available and wine can be purchased by the glass beforehand. There is ample free parking behind the hall. Guests and temporary members are welcome payable at the door.

Rowena Cager & Melanie Samuel

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SUSSEX CHORUS NEXT TWO CONCERTS An Evening of French Music on Saturday 9th November 7.30 pm at St. Andrew's Church, Burgess Hill, RH15 0LG.

Durufle - Requiem, Vierne - Messe Solennelle, Faure - Cantique de Jean Racine, Organ - Jeremy Weaver, Conductor - Jack Thompson.

Tickets from: Sussex Chorus 01444 412579, Carousel Music 01444 417654, Burgess Hill Help Point 01444 247726, Eventbrite.co.uk, sussexchorus.org.uk, www.sussexchorus.org

Christmas music & carols at Sheffield Park and Gardens TN22 3QX on **15th and 22nd December** from 6.30 pm to 8.30 pm (tbc). The Coach House to include The Manchester Carols by Sasha Johnson Manning (with words by Carol Ann Duffy)

We are singing at the invitation of the National Trust with two opportunities to celebrate the Christmas season in these enchanting surroundings. Tickets will be available from www.sussexchorus.org.

Angela Holroyd

1,000TH GYMNASTICS AWARD SEVEN Club has now presented its 1,000th British Gymnastics Award Seven

Since the formation of the Hurstpierpoint Gymnastics Club in 1980, British Gymnastics Awards have been

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gained by the gymnasts every term. Well over 100 awards are earned each term and now the Club will be presenting its 1,000th Award Seven.

Over 1,000 Award 4s, Award 5s and Award 6s have been gained in the past thirty-nine years, with over 600 winning the coveted Award 1. The Award scheme starts at Award 8 and progresses in difficulty to Award 1 followed by Advanced Proficiency Awards - Bronze, Silver & Gold.

The hardest badges to gain are the Gold Floor and Gold Vault awards, where only 15 of each have ever been won. The newest Gold winner is Chloe Wright who has now received her Gold Vault.

To achieve this award she has mastered hand-spring vaults, trampette somersaults and other skills. Over 100 other talented gymnasts will be gaining Awards 8 to Award 1 or awards for Floor, Vault or Acrobatic Pairs.

With sponsorship and help from groups including Mid Sussex District Council awards are presented free in the last session of each term.

There are currently vacancies in the Pre-school classes for those who have passed their third birthday. For school-age vacancies, please check with the Club or visit **www.hurstpierpointgym.co.uk** for more details.

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AGE CONCERN - Dale Avenue, Hassocks. 01273 844461. Office hours between 9 am and 3.45 pm www.achassocks.co.uk email: enquiries@achassocks.co.uk Follow us on Facebook Age Concern Hassocks. We have our own Charity Shop.

Are you bored and lonely? Or do you know someone that is? How about coming along to our centre where you can have a nice hot chocolate, selection of coffees and tea and cake and meet some new friends. We also serve lunch at 12.15, two or three courses at a very reasonable rate. Do come along one day and have a look at our centre. Transport can be provided locally. We are your local Social Centre providing a warm and inviting environment to encourage people to venture out of their homes. If you would like to just come along one day please feel free to pop in and take a look.

We have purchased a Table Tennis Table! Do let us know if you would be interested in having a go!

What a great day we had on our trip to Kew Gardens recently, the sun was shining and we enjoyed the Glass Sculptures all around the gardens. We recently had an afternoon of playing skittles here at the Centre, what fun that was! A few ex bowlers within our members! We will most definitely be arranging skittles again.

Knit and Natter – do come along on a Wednesday morning for a chat with fellow knitters, we are again

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knitting squares for the Salvation Army so please do come along. If anyone does have some double knitting wool to donate to us we would be very grateful.

Well Balanced Community Falls Prevention Service, in partnership with Mid Sussex Wellbeing and Active House Solutions are holding Balance classes here every Wednesday afternoon. Please call **01444 477191** to book your place.

Hearing Aid Maintenance checks/batteries are held here by Action for Deafness on the first Tuesday of each month 9.30 am, but only that day per month – NHS Only – just turn up and a waiting system is in place. On other days we do not hold batteries here, you do need to contact your supplier for these.

We have Scrabble, German Scrabble, Art, Canasta, Mahjong, Knit and Natter and Craft sessions held here – new members always welcome please do come in and ask us in the office or take a look at our website. We regularly arrange in house entertainment and outings too.

Volunteering – Have you got time on your hands would you like to help us out? We are looking for a Bus Escort to help our members on and off the bus, to help fill in some of our rota and also for holiday cover when some of our Volunteers are away. Please do get in touch and come and have a chat to us in the office.

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HURST VILLAGE CINEMA Hello Film Lovers, As you may be aware, the Players Theatre is going dark for 3 months from October to December for the next phase of their refurbishment.

But we do not want to leave you bereft of cinematic entertainment, so for that period we are relocating to the Scout HQ on Brown Twins Road, and we will be putting on one film per month there.

When we return to the theatre, we will have installed the new screen raised through the generous donations of the people of Hurst, and we are planning some other upgrades to make the Cinema better than almost any commercial cinema.

In the meanwhile, we have some absolutely terrific films coming up at the Scout HQ.

Saturday 26th October Sometimes Always Never (12A) One thing we love to do is bring a ridiculously overlooked film we know people would love to Hurstpierpoint and this film had a ridiculously small distribution, so we are happy to bring it to you. Bill Nighy is absolutely spellbinding in this elegant, off beat, very British comedy. He plays Alan, a stylish tailor with moves as sharp as his suits. He has spent years searching tirelessly for his missing son Michael who stormed out after a row over the use of the word "Zo" in a game of Scrabble and disappeared. With his family torn apart, Alan must repair the relationship with his youngest son Peter. Then one day he comes across a player online who uses the word "Zo".



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Could this be his missing son?Bill Nighy is spellbinding in the quintessentially British, always very funny, sometimes hilarious comedy

Saturday 23rd November, Rear Window (PG) Laid up with a broken leg, photojournalist L.B. Jeffries (James Stewart) is confined to his tiny, sweltering courtyard apartment. To pass the time between visits from his nurse (Thelma Ritter) and his fashion model girlfriend Lisa (Grace Kelly), the binocular-wielding Jeffries stares through the rear window of his apartment at the goings-on in the other apartments around his courtyard. As he watches his neighbours, he assigns them such roles and character names as "Miss Torso", a professional dancer with a healthy social life or "Miss Lonelyhearts", a middle-aged woman who entertains nonexistent gentlemen callers. Of particular interest is seemingly mild-mannered travelling salesman Lars Thorwald (Raymond Burr), who is saddled with a nagging, invalid wife.

One afternoon, Thorwald pulls down his window shade, and his wife's incessant bray comes to a sudden halt. Out of boredom, Jeffries casually concocts a scenario in which Thorwald has murdered his wife and disposed of the body in gruesome fashion. Trouble is, Jeffries' musings just might happen to be the truth.

This masterpiece of suspense, one of Alfred Hitchcock's best films, is a crackling thriller and as in most Hitchcock films, the protagonist is a seemingly ordinary man who gets himself in trouble for his secret desires.

David



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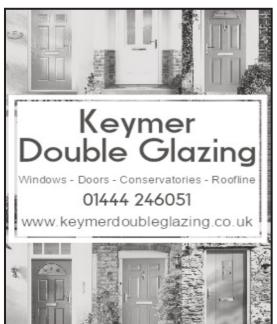
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CE N'EST PAS DE LA TARTE BUT IT WAS DEF-INITELY WORTH IT - EUROPEAN WEEK OF LANGUAGES AT DOWNLANDS! Everyone at Downlands looks forward to the end of September! You may ask why. Well the European Day of Languages falls on the last Thursday of the month and we love to celebrate all things to do with languages!

We have a very talented bunch of language teachers at Downlands who make learning fun and rewarding. Learning a language – especially in Hassocks with our fabulous Twinning Association and links to Montmirail and Wald Michelbach – is so important. Did you know that:

Learning a foreign language makes your brain work more quickly. It improves cognitive and sensory processing.

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ent systems of speech, writing and structure.

It also gives you lots of transferable skills: social skills, ability to work in a team, communication skills, problem-solving skills, confidence, experience, open mindedness and flexibility. And it is never too late to start learning. Aspire West Sussex runs an impressive programme of language classes.

Back to European Day of Languages - we kicked off with the European Bake Off – and we had some very impressive entries which made Deputy Headteacher, Matt Ashdown's job as Paul Hollywood all the harder! In the end, he resorted to consulting the Year 10 Language Leaders and the winners were: Bea Bambury Brenner, Tilly Raynor, Laura Cooper, Honey Moore & Jake Gerthold and Lyddia Babister! Prizes were an Amazon voucher, a certificate and a specially engraved wooden spoon! It might not have been easy but it was definitely worth it!

On Tuesday we sold the cakes to raise money for charity – thank you to everyone for your generosity.

There was a Kahoot! quiz – the students had to work out the hidden language talents of the Downlands staff which kept everyone puzzled in tutor time.

There was even a photo booth – the photos are very funny. Thank you to all Modern Languages staff who put on such a great celebration of everyone!

Nicki Burston

STAR CINEMA Friday 15th November. Finding Your Feet (cat 12). A romantic comedy with a very British cast including Imelda Staunton, Celia Imrie, Timothy Spall, John Sessions and Joanna Lumley. Doors open at 7 pm and the film starts at 7.30 pm. Tickets on the door. Wine, tea, coffee, soft drinks avail-

able. Raffle with great prizes. Hope to see you there.

Liz Edmunds

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Coffee & Mince Pies to follow

£21.95 pp 1st Nov - 22nd Dec 2019.

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HURST MONTHLY SOCIAL GROUP Our Social Afternoon, in September, was most enjoyable. Ann told us about her work as a Volunteer with the Befriended Organisation. We started the process of organising some sub-groups - a lunch group, needlecraft group, bridge/scrabble group & walking group were some of the suggestions. The Quiz was a great opportunity to sit & chat to other members over tea & biscuits. On 6th November Amanda Browne is coming to tell us about her personal experiences as a funeral arranger.

We meet at The Guide HQ, Trinity Road, Hurstpierpoint from 2 to 4 pm on the first Wednesday of the month.

Do come and join us - you will be made most welcome. For more information contact Dianne 01273 835284 or myself 07806 670359.

Ann Tranter

HURSTPIERPOINT HISTORICAL AND GEO-GRAPHICAL SOCIETY meets on the last Friday of each month in the Guides' HQ, Trinity Road Car Park. At each meeting we have a presentation, by an expert speaker on a subject with a historical or geographical flavour. Our next meeting will be on 25th October starting at 8 pm with an illustrated talk by Dr Geoffrey Mead entitled "Brighton Rock, Brighton Crime". On 29th November the speaker will be Derek Moore

whose subject is "Clayton Tunnel from a different point of view" Come along and join us. New members are always welcome.

Bill Kent

PLEASE SAVE YOUR POSTAGE STAMPS With Christmas approaching and hopefully more personal mail it's a good time to start.

The Nationwide branches in Hurstpierpoint (mornings) and Hassocks (afternoons) are happy to take them in, as is the cattery. Contact me on **01444 412479** and I can even come and collect. Every stamp helps but the foreign one do fetch more money. They are sorted and then sold by weight.

I had some wonderful boxes of stamps handed in at The Nationwide but I have no idea from where they came, so a big thank you as well.

Stella the Stamp

RSPCA BRIGHTON (PATCHAM) RE-HOMING SHELTER The Shelter will be holding its Autumn Fair at Adastra Hall, Hassocks on Saturday 9th November from 10.30 am – 12.30 pm. Admission is free. Lots of bargains – gifts, toys, cakes, books, animal accessories etc. A good time to do some Christmas shopping. There will also be a raffle and tombola and refreshments will be available. Patcham RSPCA shelter is entirely self-funding and all proceeds help the animals in their care.

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We meet at 3pm on the 2nd Thursday of each month at our headquarters in Woodsland Road, Hassocks. We are a friendly group and visitors are very welcome. For further information about our activities, please contact our Chairman, Jenny Budd on **07719 922326.**

14th November will be our Annual General Meeting. The competition is for 'The Prettiest Cake Slice'.

Recently Margaret Taylor, one of our branch members, gave us a power point presentation of her visit to the Scilly Isles. She showed us some stunning pictures of the landscape and architecture, and talked about the flora and fauna, how the daffodil industry began, and the methods used to encourage early blooms to beat all the competitors to market. She told us about some of the myths and traditions of the Island and ended her talk with some silly Scilly facts; a really entertaining afternoon.

An update on another speaker: We have heard through his colleagues that the 'Service by Emergency Rider' who had an unfortunate accident on his way to us, is still out of action, but is making a good recovery and is more concerned for his motorbike than his own injuries. We hope that soon he and his bike will be fit and well again.

Our Christmas Fair will be on Saturday 23rd

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November

at Age Concern Hassocks from 9.45 to 11.45 am. If you wish to make any donations of toiletries, toys, books, bric-a-brac, cakes, raffle prizes, etc., please bring them along to the meeting, or speak to Jenny to arrange for collection.

Contributions are always welcomed. For all the fun of the fair - we hope to see you there!

Liz Thomas

BRIGHTON CONSORT Brighton Early Music Festival is presenting a wide range of live music events in several different venues across the region this autumn. The programme of music from (mostly) pre-1800 is all about change and changing times. The main festival starts on 25th October.

All the information on performances, dates and times, plus details of Season Ticket and other discount offers, is available on the festival's website (www.bremf.org.uk), where you can also request a brochure. Tickets can be booked on the website or via Brighton Dome Ticket Office (01273 709709).

Christmas is coming early for Brighton Consort – by over 400 years! The concert will take place on Saturday **30th November** at 7.30 pm. Tickets can be purchased online at **www.brightonconsort.org.uk**, or by ringing **01273 833746**, or on the door. *Mike Clemens*

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NEWS FROM STONEYWISH - Part 1 We have been so enjoying our Indian Summer, the arrival of Autumn rains has put a few noses out of joint. Wry comments have been passed in shop queues and on street corners to the effect that 'that is probably that' as far as enjoying life outdoors goes this year. 'From now on it is downhill all the way to Christmas.' The heavy dews of September have masked the scale of the drought that the clear skies brought, keeping lawns green. But all around us thirsty trees are shedding their leaves a full month earlier than usual and, inevitably, ponds and streams on the Reserve are dry. So I have been trying to step outside my human skin and imagine how this rain strikes the natural world. How is it for the frogs in the Reserve and for the geese, unable to immerse themselves in water for so long? How is it for the exquisitely sensitive root tips of trees and the mosses, shrivelled to a desiccated crust? A childhood memory conjures up my four-year-old self, standing out in a downpour, face upturned, mouth open, waiting to taste the rain on my tongue, while some grown-up berates me, telling me to hurry and button my coat. Young children and trees have much in common, not merely a delight in rain. Yet long before we are out of our childhood most of us have buttoned up our curiosity about the feel of things. We know, or think we know all about rain. With constant updates from the experts, we are all

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meteorologists now. We do not even need to go outside to see what the weather is doing. Somehow, over the vears, the child who dawdled to school, who had to touch the leaves or the iron railings on every walk, who instinctively put things in his or her mouth, just to see what they tasted like, who liked to bend over to see the novelty of the world upside-down between splayed legs, that child is educated out of its bliss and buried and lost beneath a heap of information. Life has become serious. So serious it is almost life-threatening! We are all worried to death. Life is also getting faster. So fast we can't keep up with ourselves. What are we to do? Scientists in Japan believe they have come up with an answer. The antidote to busy, competitive citylife is to spend time with nature. Sounds obvious, doesn't it? In Japan they call it shinrin-yoku - forest bathing. Two hours spent quietly communing with forest trees is enough, so medical researchers reveal, to lower blood pressure, improve mental function, lower blood sugar levels, boost the immune system and bring feelings of peace and happiness to subjects who were previously stressed to the hilt. Yes, yes, we know that. Aren't we always going to the country? But for shinrinyoku you have to leave all distractions at home: mobile phones, bicycles, pedometers, cameras, maps... You won't have time for them. You will be too busy drinking in the sights, sounds, smells, and tactile sensations

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of the world around you. Yes! Smelling the trees! Each one. They are all different, you know. And now it is official: inhaling the aromatic chemicals they produce is one of the most calming and uplifting ways to enhance your health. Gradually, the curious child within, so long buried and left for dead, emerges, bright-eyed and playful once more. In Japan the pine forests are particularly prized for their health-giving atmosphere. Forests are judged for the quality of their light, their fragrance, their rocks, the sound of their water-falls and birdsong.

(To be continue next Month)

Rosemary Pavev

THE NATIVITY Wivelsfield Parish Church and The Wivelsfield Little Theatre Present the Nativity Every evening from **1st to 5th December** at 7.30 pm in Wivelsfield Parish Church.

For the seventh time the Wivelsfield Parish Church and Wivelsfield Little Theatre are coming together to present a Medieval Nativity Play in the parish church of St. Peter and St. John the Baptist, Church Lane, Wivelsfield, West Sussex, RH17 7RD.

A glass of mulled wine or a soft drink are included in the ticket price.

When it was first produced in 2003 it was hailed as the best amateur theatrical production in Mid Sussex in that year. It is certainly not the sort of thing that you may have seen, or even taken part in, at school. It is an earthy portrayal of events, sometimes dramatic and shocking, sometimes thought provoking, at other times humorous.

The audience will marvel as Jesus is born before their eyes, they will laugh at the rustic humour of the shepherds who involve the audience in some singing and they will be outraged and maybe even shed a tear as

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the Innocents are slaughtered before their eyes. This version is not suitable for children younger than 12 years old.

Tickets will be available from 3rd November at www.ticketsource.co.uk/wlt or 07754 895936.

Peter Leigh

ALL CHANGE AT VIVACE! FOR THE NEXT DECADE OF FUND RAISING FOR LOCAL

CHARITIES In July we held a successful 'sell out' concert at Danny House in Hurstpierpoint. Our next concert at Danny is on 18th December which will be the grand finale to our Christmas programme and the last concert under the guidance of our Musical Director, Linda Glenn, who will be moving on after nearly 7 years at the musical helm of Vivace!

If you don't know us, we are a small mixed choir based in Ditchling www.vivacechoirsussex.org.uk/ who have been raising funds for local charities and good causes around Sussex for many years. We meet every Wednesday evening at the Meeting House in Ditchling from 7.30 - 9.30 pm.

We are now looking for a new enthusiastic & experienced Musical Director (with keyboard skills) to take over with effect from January 2020. We are keen to find someone who takes music seriously, albeit in a fun and friendly environment, and who shares our values of producing quality concerts and supporting fundraising in the local community.

If you know of anyone who could take Vivace! into a new decade of music-making and fund raising, Vivace! would love to hear from you. Please contact me the Chairperson at

info@vivacechoirsussex.org.uk.

Karen Hollamby

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